



Believe in Beyond CIC

Self-employed and Voluntary Application Form

R.I.S.E

Resilience

Inspiration

Support

Empowerment

Helping women & girls move beyond adversity and reclaim their lives.

RISE symbolises overcoming challenges, growing stronger, and stepping into a future filled with hope and purpose.

BELIEVE IN BEYOND



Mission statement

Our mission is to empower women to move beyond the adversity of sexual abuse and reclaim their lives with hope, strength and purpose.

We provide a compassionate, supportive space to assist women in rediscovering their inner strength, build trust and thrive in all aspects of life.

Together we create a community rooted in empowerment, where every woman feels valued, connected and inspired to believe in a brighter future beyond the challenges of the past.

What is a Community Interest Company(CIC)

CICs are limited companies which operate to provide a benefit to the community they serve. The purpose of a CIC is primarily one of community benefit rather than private profit.

Examples of a CIC could be a direct welfare service to vulnerable people, or an activity that generates profits which are used to support a specific purpose such as a running a cafe where all profits generated are used to benefit the community.

A CIC operates in the same way as any other company. It has all the well understood characteristics of a limited company such as a separate legal identity; the ability to enter into contracts and own assets in its own name; and flexibility in borrowing and fund raising. The separate legal identity means that a CIC will continue to exist despite changes in ownership or management. The directors can be paid or unpaid and have the same rights and duties as any other directors.

CICs will become established as a brand of company that the public recognises and trusts and whose social purpose they understand.



Brief overview of available roles:

Position Type: Trainee Counsellors

Eligibility: Open to students on an accredited Level 4 or above counselling course

We are seeking dedicated and compassionate student counsellors to join our team on a voluntary basis as part of their course/placement requirements.

This opportunity is ideal for those currently enrolled in a Level 4 or higher accredited counselling course, looking to develop practical experience in a supportive environment.

Key Responsibilities:

- Provide committed, empathetic, and non-judgemental support to clients.
- Empower participants to identify and achieve their personal goals using a creative and supportive approach.
- Build and maintain professional, trusting, and supportive relationships with clients.
- Work compassionately and in partnership with clients.
- Share relevant knowledge, skills, and experiences to support clients explore positive personal and community-based opportunities.
- Engage in regular clinical supervision and attend group development/training sessions when accessible.
- Maintain accurate, professional, and confidential client records.
- Comply with all organisational policies and procedures, including safeguarding the welfare of vulnerable individuals and their families.

Core Values:

- Respect for individual autonomy and diversity
- Commitment to ethical practice and confidentiality
- Collaborative and strengths-based approach
- Personal and professional integrity.
- Excellent verbal and written communication skills.
- Strong organisational skills and attention to detail.
- Ability to build and maintain effective working relationships.
- Membership of the appropriate professional body.

All applicants must complete and pass a Disclosure and Barring Service (DBS) check.

Join us in making a meaningful impact on the lives of others while developing your own skills and experience in a supportive and professional environment.



Job Summary: Qualified Counsellor

Position Type: Voluntary or Self-Employed

Eligibility: Qualified counsellors with appropriate accreditation and insurance cover.

We are inviting applications from qualified counsellors to provide high-quality emotional and psychological support to clients accessing our services in a safe, non-judgemental, and empowering environment.

This role is suited to self-employed or voluntary practitioners committed to making a positive difference in the lives of individuals and communities.

All counsellors must complete and pass a Disclosure and Barring Service (DBS) check (Unless already on the update service) and be registered with HMRC as self-employed.

Key Responsibilities:

- Deliver quality counselling services in line with your professional code of conduct (e.g., NCPS, BACP, UKCP, or equivalent).
- Support clients in identifying and achieving personal goals through a compassionate and creative approach.
- Establish and maintain professional, supportive therapeutic relationships.
- Promote and model emotional resilience, wellbeing, and self-care practices.
- Share relevant insights and experiences where appropriate to inspire personal growth and connection.
- Serve as a positive role model, offering encouragement and hope.
- Engage fully in clinical supervision and attend peer support or development sessions when accessible.
- Maintain accurate, confidential records and case notes in accordance with professional standards.
- Comply with all B.I.B. policies, particularly those related to safeguarding vulnerable individuals and promoting safe practice.

Core Values:

- Integrity, professionalism, compassion and confidentiality
- Commitment to diversity, inclusion, and non-judgement
- Empowerment through collaboration and respect
- Continuous personal and professional development

This role offers a meaningful opportunity to contribute to a growing community whilst enhancing your own professional journey within a caring and supportive environment.



Part 1

Please tell us which role you are applying for:

Qualified Counsellor: ☐ Trainee Counsellor: ☐ Clinical Supervisor: ☐ Executive Group Volunteer: ☐

Please tell us in your own words why you have chosen to apply for the role above, for example this is where your interests and passions are:

(Please use additional paper if required)

Please tell us about any previous work experience employed/voluntary that you have had to support your application:



Part 2			
Full Name:			
Pronouns		Gender	
Preferred Name		Date of birth	
Any former name(s)			
Home address:		Postcode:	
Previous address (if moved within last 12 months)		Postcode:	
National Insurance number			
Home phone		Mobile phone	
Email address			
What is your preferred contact method?	Email	Phone	Text
	Any	Other	
Do you have a current DBS?			
Are you registered on update service?			

Part 3	
Emergency Contact Details	
Name:	Contact number:
Relationship:	



Part 4

Are you in current employment? Please provide details:

If you are a student please detail your training centre:

What motivates you to volunteer in a counselling setting?

What personal qualities or strengths do you bring to a counselling role?

Are you currently involved in any counselling or support work elsewhere?

How many hours per week are you able to commit too?

Are you able to attend training sessions and regular supervision?

How do you take care of your own mental health and well-being?

Have you had personal experiences with counselling or mental health support that you'd like to share? *(Optional)*

Do you have any accessibility or support needs we should be aware of?

Do you have an up to date DBS? If yes are you registered on the update service?

Are you comfortable using basic technology (e.g., email, video calls, databases) for this role?

What do you hope to gain from this volunteering experience?

Is there anything else you'd like us to know about you?



Part 5

Self-Disclosure and Declaration

If you answer "Yes" to any of the following questions, please provide more details on a separate sheet.

Have you had any physical dependencies in the past 2 years? (e.g., drugs, alcohol, gambling, etc.)

☐ Yes ☐ No

Have you ever been known to Children's Services or the police as a possible risk to children?

☐ Yes ☐ No

Have you ever been investigated by any organisation because of concerns about your behaviour toward children?

☐ Yes ☐ No

Have you ever faced disciplinary action or been asked to leave a job or voluntary role due to inappropriate behaviour?

☐ Yes ☐ No

Have you ever been involved in any incidents where allegations of abuse were made against you?

(This includes both substantiated and unsubstantiated claims.)

☐ Yes ☐ No

Do you have any criminal convictions, cautions, reprimands, or final warnings that are not protected under the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975 (Amendment 2013)?

(Having a criminal record does not automatically exclude you from volunteering.)

☐ Yes ☐ No

Any other information you want to share:



Part 6

Declaration

I understand that the information I've provided may be used to assess my suitability for a volunteer or placement role.

I understand that if I withhold information and it later comes to light, any offer to join may be withdrawn.

I agree to provide a valid and up to date DBS. I understand that the details may be shared with relevant agencies or individuals if necessary to safeguard children, young people, or vulnerable adults.

If I am investigated by any organisation in the future due to concerns about my behaviour, I will inform the organisation within 24 hours.

I have read and agree to follow the organisation's ethical guidelines, including its Equality and Diversity Statement.

☐ I acknowledge and agree.

Do you know someone already involved in the team?

If yes please provide details:

Name:

Relationship to you:



Part 7

I give permission for photos and videos of me to be taken while I'm involved in activities, and for these to be used in fundraising, marketing, and publicity.

I agree to my personal data being stored and used as part of my application, and to help keep myself and others safe.

I understand that my image may appear on the team website, and that my phone number may be added to a WhatsApp group for team communication.

I agree to the organisation contacting my referees and using their feedback in connection with my application.

I understand that I am responsible for getting and keeping an up-to-date DBS check and Professional Insurance, and for renewing these when needed.

☐ **I have read and agree to this statement.**

Please include the following with your application:

Image of your current DBS certificate and or update service number. ☐

Image of your certificate of insurance ☐

Image of your BACP/NCPS etc registration certificate ☐



Part 8

SECTION I - REFERENCES

Please provide names of at least two people not related to you that we can approach to get a professional reference for you.

Where possible referees should have known you for at least 2 years or be from a place/person's you work with. Other appropriate referees include other former employers and people you know well in your community.

In line with B.I.B's Safer Recruitment Policy references will generally be taken up ahead of you starting.

Please notify these people that they may need to give a reference for you.

Reference 1

Name		Role	
Address:			
Postcode:			
Phone		Relationship	
Email address			

Reference 2

Name		Role	
Address:			
Postcode:			
Phone		Relationship	
Email address			



Please use this page for any other information you would like to share: